NTD 407: ASSESSMENT OF NUTRITIONAL STATUS (3 UNITS)

(1) Methods of evaluation of Nutritional Status.
   - Anthropometrics methods and standard e.g. NCHS, Harvard, etc.
   - Biochemical indices
   - Clinical examination.
   - Dietary surveys.

(2) Nutrition status and Food consumption in Nigeria.
   - Nutrition situation in Nigeria
   - Food consumption studies in Nigeria

(3) Food composition table.
   - What is food composition table
   - Usefulness of food composition table
   - Examples of food composition table

(4) Body composition determination.

(5) Longitudinal versus cross-sectional studies
   - Definitions of longitudinal study. Give examples
   - Definitions of cross-sectional study. Give examples

(6) Practical field experiences.