**COURSE CODE:** HSM 411  
**COURSE TITLE:** Advanced Construction and Tailoring Techniques  
**NUMBER OF UNITS:** 3 Units  
**COURSE DURATION:** 3 Hours per week

---

**COURSE DETAILS:**

Course Coordinator: Dr. Adetoun A. Amubode  
Email: amuboto@yahoo.com  
Office Location: Department of Home Science & Management  
Other Lecturers:

---

**COURSE CONTENT:**

- The body contour, art of fitting, fitting techniques. Importance of grain line in fitting. Figure problems. Method of alteration on sewn garments. Tailoring techniques on special fabrics. Lining a garment.

---

**COURSE REQUIREMENTS:**

**READING LIST:**

**LECTURE NOTES**

Week 1

- Styles, figures and fitting.  
- Normal figure.  
- Enlarged and heavy hip.  
- Heavy bust  
- Short and plumb.  
- Tall and thin.
• Small bust.
• Short waisted
• Long waisted

Week 2

• Techniques of repair and renovation of sewn garments.
• Dyeing
• Mending/ darning
• Patching
• Reconstruction
• Remodelling

Week 3

• Methods of lining a garment.
• Making up the lining separately and attaching it from the waist.
• Making up the lining with the skirt.
• Garment alteration

Week 4-8

• Practical exercise in sewing of fitted garments for various figures and age.
• Drafting of the required patterns depending on the style- bodice, skirt, pant, sleeve, collar, frills, cape e.t.c.
• Pattern layout and cutting.
• Overlocking of cut out patterns.
• Construction of front and back bodice
• Construction of sleeves, collars, capes, etc depending on the style.
• Construction of facing.
• Assembling of the garments parts.
• Ironing

Week 9-11

• Practical exercise in repair and renovation of sewn garments.
• Practical exercise in patch work

Week 12

• Modelling and exhibition of articles and garments produced.